WebCT Vista Student Guide Version #2, Feburary 2005*

http://boston.umassonline.net

ess: @ http://www.boston	umassonline.net/				
UMassO	nline.net Uni	versity of Massachusetts			
UMassOnline UMassBoston	Search Contact Us	Explore UMass A Message from President Wilson			
Login UMassOnline Home Why UMassOnline Registration & Admission Student Services Technical Requirements "An online course has helped me cut my down, and gives me more time to study	Welcome to UMass Boston and UMassi During the next few semesters, we will be mo Management System in order to give you a ri spring semester courses will continue to run i our new system, WebCT Vista, You will receiv- will be using Prometheus or WebCT Vista, alor use the login box below that corresponds to th and helpdesk support for both WebCT Vista ari address, phone number and chat link below. I tutorial simulation please log in with the user Students in Prometheus-based courses login here:	Online, oving online courses to a new Learning cher online education experience. While most n Prometheus, several courses will be piloted in e email notification about whether your course my with your username and password. Please hat system. For your convenience, technical d Prometheus can be accessed via the email if you would like to see a WebCT student name "demo" and password "welcome". Students in WebCT Vista-based courses looin here:			
and/or sleep."	User Name Password Graphical Interface Textual Interface login	User Name Password Login Forgot your WebCT password?			
Students in fully ONLINE courses seeking technical assistance should: • Send email to <u>bostonsupport@umassonline.net;</u> • Call 1-800-569-6505; or • Contact support via <u>live text chat</u> by clicking on this link.					

Content

Introduction	3
2. How tolog into WebCT Vista	4
3. Navigation	5
3.1. How tonavigate from the My WebCT page	5
3.2. How tonavigate from a module Home Page	6
3.3. How tonavigate using the Breadcrumbs Trail and the Course Tool Bar	7
Breadcrumbs Trail	7
Course Tool Bar	7
3.4. How tonavigate within a Learning Module	8
Action menu	8
Table of contents	8
4. How touse the Communications Tools	9
4.1. Discussion board	9
4.1.1. Discussions are organized into:	9
4.1.2. Managing your messages	10
4.1.3. Viewing messages	10
4.1.4. Composing messages	11
4.2. Chat & Whiteboard	11
4.3. Mail	12
5. How touse the assessment tools	14
5.1. Quiz, Survey & Self Test	14
5.2. Assignments	15
6. How touse the Calendar	16

Introduction

What is WebCT?

WebCT (Web Course Tools) is a product that enables an instructor to create and manage Webbased or Web-enhanced courses. Only students registered in a course for which the instructor has chosen to use WebCT may access the course. Check with your instructor for confirmation.

Resources:

- 1. Online Student Resource Guide: http://www.lms.umb.edu/webct_students.htm
- 2. Email Tech Support: mailto:bostonsupport@umassonline.net
- 3. WebCT Tech Support: 1-800-569-6505
- 4. WebCt login page: "get help" link
- 5. WebCT Student Page: http://www.webct.com/students
- 6. WebCT Public Q & A forum: http://www.webct.com/drc vista

Technical Recommendations:

Windows Microsoft Internet Explorer versions 5, 5.5 and 6 Netscape Navigator versions 7.0 and 7.1 MS Office or Word, Excel, and/or PowerPoint Viewers which can be downloaded for free at http://www.microsoft.com/downloads

Macintosh Microsoft IE 5.1 (OS X 10.1) and 5.2 (OS X 10.2) 5.2.3 (OS X 10.3) Netscape (OS X 10.3) 7.0, 7.1, 7.2 Safari 1.2

You must also have an up-to-date Java plug-in installed - download it from: http://java.com/en/index.jsp

Your browser must have both cookies and Javascript enabled, and disable pop-up blocking software for WebCT to function properly.

*** RUN THE BROWSER CHECK before starting your course.

Browser Check

We highly recommend that you perform a browser check before logging in to ensure your computer is properly configured to use Vista.

Run a Browser Check

Pop-up Blockers

This site makes use of pop-up windows. If you have a pop-up blocker installed, please disable it for this site.

2. How to...log into WebCT Vista

• Open your web browser (preferably Internet Explorer, Safari works well from a Mac). Enter the following web address:

http://www.boston.umassonline.net/

The WebCT Log in page appears:

UMasso	nline.net	Archerel Baston Dertmouth Lewell UMaseMan
UMassOnline UMassBoston	Search Com	tact Us Explore UHass A Message from President Wilso
Argent Welcome to Ulfass Boston and Ulfas Units Status Boston and Ulfas During the next the sensetism; we will be huggestanders and senset the sensetism; we will be approgrammer and senset and senset and the sums prevention and will be a sense the senset and the sense sense and the bost huggest senset and the sense sense bost and the bost huggest senset and the sense sense bost and the bost huggest senset and the sense sense bost and the bost huggest senset and the sense bost and the bost huggest senset by the sense bost and the bost huggest senset by the senset bost and the bost huggest senset by the senset bost and the bost huggest senset by the senset bost of bost well the bost huggest senset by the senset bost of bost well the bost huggest senset by the senset bost of bost well the bost huggest senset by the senset bost of bost well the bost huggest senset by the senset bost of bost well the bost bost huggest senset bost bost of bost well the bost huggest senset bost bost bost bost bost bost bost bos		URANSONINE. If an energy generation contract to a new classified in the one of the contraction approximation of the particular to many hiteratheres and contract the particular interaction and notification adout hardber upor contract that to bat hyperine. For your conventions, include the contract of the second second second second the contract of the second second second second to the second second second second second second topping the contract of the second second second second topping the contract of the second second second second second topping the contract of the second se
- Printer Printer	User Name Pessword Graphical Interface Login	Deer Name Password
	Eargot, your Prometheus, passwor	d2 Forgot your WebCT password?
		which and an interaction of the last

• If you are unsure of your student ID number, please contact the CCDE registrar's office at Tel. 617.287.7900 or via email at continuing.education@umb.edu

3. Navigation

You can navigate in Vista with a number of options. You need not to use all of them, just use the ones that suit you.

3.1. How to...navigate from the My WebCT page

From the My WebCT page you can access all of the modules for which you are enrolled



Across the top of the *My WebCT* page is the **Logo bar**. This contains a logo and, in the top right hand corner, links which you can click:

UMassOnline.net Because Quality Matters	My UMassOnline Change Password Check Browser Help Log out
MullMagaOnling	

My UmassOnline goes to back to this screen **Check Browser –** do this if you haven't already! **Help** - to get context specific help **Log out** - to log out of WebCT – Important to do this if working in a public lab.

Underneath the Logo bar is the **Tool bar**. This contains a personal greeting and a number of links that you can click to perform certain functions:

My UMassOnlin	ne	
Welcome, inst	ructor Instructor. Today is January 10, 2005.	Content Color Layout 🗎 <table-cell></table-cell>
1. (Content - to alter what appears on the My WebCT page	

- 2. Color to alter colour schemes
- 3. Layout to alter the order and location of channels

Underneath the Tool bar there are various things such as *Course List (i.e. Module List), Campus Announcements, Calendar Week, Who's Online,* etc.

All of the modules for which you are enrolled are located within the 'Course List' area on the My WebCT page. To access a specific module click on its hyper-linked name:



The Home Page of the module will appear:



3.2. How to...navigate from a module Home Page

It is important that you use the internal navigation provided by WebCT: **Do NOT use** the browser's navigational features such as the *Back, Forward* and *Refresh* buttons.

On the top of the *Home Page* you will see the **Logo bar**. This contains the name of the module and the *My WebCT*, *Help* and *Log out* links:

UMassOnline.net Because Quality Matters	<u>My UMassOnline Help Log out</u>
Student Sample - UMOL Student Simulation	
🟠 🗟 Go to 🗢	📴 Calendar 🛛 🛕 Mail 🛛 A My Grades 🛛 🛠 Discussions 🛛 More Tools 🗵

To navigate through a module click on an icon or hyperlink that appears on the home page. Below, a syllabus. Click on the green triangles to expan

The page that relates to that link will be displayed.

🚷 📅 Go to 🗢	Calendar	Mail Announcements	Discussions More Tools 🗸
You are currently on: <u>Home Page</u> > Syllabus			
🔢 Syllabus			
Expand All Collapse All			
Section Information: Intro to Multi-Media			
Section Instructor: Lisa Link			
Overview			
▶ Goals			
Policies			
Supplies			
Project #1			



3.3. How to...navigate using the Breadcrumbs Trail and the Course Tool Bar

Underneath the *Logo Bar* is the **Course Tool bar** and beneath this is the **Breadcrumbs Trail**, which shows you where you are in the module.

Breadcrumbs Trail



As you navigate your way around a module a trail of breadcrumbs will be created on the top left of the screen, showing the pages that you have viewed. The word in bold represents the page that you are currently on. The rest of the breadcrumbs are active links. By clicking on these links you can navigate directly to a specific page.

Course Tool Bar

Using the Home Page icon: Click on the *home page* icon, first on the left on the course tool bar, to go directly to the home page.

Using the Course Menu icon: Click on the *course menu* icon, second from the left on the course tool bar. This will expand the course menu if it is not already visible, or it will collapse the course menu if visible. The course menu will appear to the left of the home page. Click on the links within the course menu to navigate to the module's pages (see below).

祄	📑 Go to
H H	ome Page
<u>C</u>	lick Here to Start
W	/indows Users
<u>C</u>	lick Here to Start MAC
U	sers
V	ista Login & Support Page
<u>C</u>	heck Browser Tuneup
R	eminder
Ir	tralearn terminology
tr	anslated into WebCT
V	ista 'speak'
Pi	rometheus terminology
tr	anslated into WebCT
V	ista 'speak'
U	MassOnline Home Page

Using the Go To menu: From the course tool bar you can also use the go to drop down list to



3.4. How to...navigate within a Learning Module

On the *Home Page* icons link to module material. An icon like the one shown here is known as *Learning Module*. A *Learning Module* organizes content through the use of a table of contents.



When you click on a Learning Module icon a page similar to that shown to the below will appear:



Within a Learning Module you can navigate using either the Action Menu or the Table of contents.

Action menu



The Action menu will appear to the top right of the page.

- Click the next icon to move onto the next page
- Click the previous icon to return to the previous page
- Click the retrace icon to retrace your navigation path through the learning module
- Other icons may also be available

Table of contents

The table of contents will appear to the left of page.





The content of the Learning Module will appear on the main section of the page.

4. How to...use the Communications Tools

4.1. Discussion board



Note: The availability of the Discussion board is dependent upon how your WebCT module has been set-up; therefore it may not be available.

To get to the discussion board click on the icon.



The discussion board is used to communicate with others enrolled in the same module.

4.1.1. Discussions are organized into:

- **Categories**, which can contain several topics and are the highest level of organization within discussions (see below)
- Topics, which can contain message threads. All discussion messages are posted to a
 particular topic (see below)

scussions is divided into categories, topics and message) view the topics within a category, click the hyperlinked	s. A single category can contain multiple category title.	topics; topics can co	ontain multiple	messages.
xpand All Collapse All				
] Title	Messages:	New	Total	Last Post
Discussion Topics for Training Sessions These topics will be used to facilitate discussions in tra	aining sessions.			
PGCE Secondary For the Vista training session of PGCE Secondary				
Project 1 This category holds all of the discussion topics for the There will be one>	first project.			
] ▼ Required Discussions These discussion topics correspond to the learning mo learning area of the>	odules within the			Categories
Accessibility		0	0	-
Guiding Principles for Effective e-Learning		0	0	Topics
Introduction to e-Learning		2	11	22 July 2004 10 40 鹶
WebCT		0	0	

- **Message Threads,** which are collections of messages, incorporating a starting message and all replies to that original message (see below)
- Messages, are the lowest level/unit within discussions (see below)

Discussions > Required Discussi > Introduction to e Search -								
Messages All Unread Unthreaded 20 Dra								
Expand All Collapse All [1] of 1 item 15 of 5 Edit Paging								
Subject	<u>Author</u>	<u>Date</u>	Messages: New	Total Locked	Actions			
Advantages/Disadvantages of e-Learning	E Walsh	25 March 2004 09 26	Mo	5 No	-			
Re:Advantages/Disadvantages of e- Learning	Demo Student 102361	3 14 June 2004 14 11	INE	nread	-			
Re:Advantages/Disadvantages of e- Learning	Demo Student 102361	3 14 June 2004 14 20			-			
Re:Advantages/Disadvantages of e- Learning	Tessa Watson	22 July 2004 10 40	-		-			
➡ Re:Advantages/Disadvantages of e- Learning	Rachel Darnley-Smith	22 July 2004 10 40	-		-			
🔲 🕨 What is the WWW? 🥲	Demo Student 102361	3 14 June 2004 14 22	0	2 NO	-			
► www @	Eileen Kennedy	07 July 2004 10 20	O	2 N O	-			
e-learning	Linda Cronin	07 July 2004 10 21	Message	1 NO	-			
xvxc	Athina Chatzi	15 July 2004 15 49	0	1 N o	-			
Mark as Read Mark as Unread Compile								
Compose Message								

- Within each category you can choose a specific discussion topic by clicking on its linked name.
- Within each topic there may be a number of threads and/or messages.
- You can expand/collapse messages within a thread by clicking on the green arrow to the left of the subject line.
- You can sort messages by *Subject, Author* and *Date* by clicking the headings in the table heading row.

4.1.2. Managing your messages

The buttons and links available on the Messages screen enable you to:

Messages All Unread Threaded Unthreaded	🖉 Drafts 📗
Expand All Collapse All	[1] of 1 item 15 of 5 Edit Paging

- Show **All** messages (click *All*)
- Show only **Unread** messages (click *Unread*)
- Show **Threaded** messages (click *Threaded*)
- Show Unthreaded messages (click Unthreaded)
- Expand All messages (click Expand All)
- Collapse All messages (click Collapse All)
- Edit **Draft** messages (click *Drafts*)

 Mark as Read
 Mark as Unread
 Compile

 Compose Message

- Mark messages as Read (click Mark as Read)
- Mark messages as Unread (click Mark as Unread)
- **Compile** messages (select the messages using the checkboxes then click *Compile*). Once you have compiled messages you can:
 - *Print* the compiled messages
 - Save the compiled messages as a file

4.1.3. Viewing messages

Click the message's title under the *Subject* heading. Any text in blue generally indicates that it is a link and when clicked will reveal further content.

Messages All Unread Thread	ed Unthreaded				🛷 Drafts	
Expand All Collapse All				[1] of 1 item 11	of 1 Edit Paging	
Subject 🗘	🕒 <u>Author</u>	<u>Date</u>	Messages:	14	T:41	
Virtual Office Hours	E Walsh	06 July 2004 14 53		<i>wessage</i>	Title	
Mark as Read Mark as Unread	Compile					
Compose Message		Close this window				
		Message				
		Advantages/Disadvantage	s of e-Learning	Author: E Walsh	Date: 25 M	
When viewing a message	What do you think are some of the advantages of e-learning that haven't been mention Also what do you think may be some of the disadvantages (if any!!!) of e-learning?					
 Reply to the message Forward the message 	e (click Reply)	1	20	5 (A) (A 5		
 Display Complete Th 	read	Attachments:				
(click Display Complete Thread)		Reply Forward				
	Messages in the thread Display Complete Thread					

4.1.4. Composing messages

When composing a message you can:

- Attach files (click Browse) •
- Post the message (click Post) •
- Preview the message (click *Preview*) •
- Cancel creating/writing the message (click Cancel) •

Close this windo	w				
Compose Me	ssage				
*Subject:					
Message:	HTML Creator: 🔘 on / 💿 off				
		~			
		~			
	Use HTML				
Equation token:	new 💙 🛛 Equation Editor				
Attachments:	Browse				
Post Preview	Cancel Save as Draft				
* Required field					
Close this window	V .				

If you require **help** at any time click *Help* (in the top right corner of the screen) ٠

4.2. Chat & Whiteboard



h

Note: The availability of the Chat & Whiteboard is dependent upon how your WebCT as been set-up. Therefore it may not be available. Chat & Whiteboard can be set-up in three different ways:

- 1. Chat & Whiteboard together
- 2. Whiteboard only
- 3. Chat only

You can use chat to engage in real-time communications with others enrolled in your module. To access a chat room click on the chat icon for that room (see below)

Chat and Whiteboard Room

Rooms			
	E-Learning Chat 0 pa	articipant inside)	
2	This is an area for s	tudents to chat about issues relating to	Chatiaan
_0	Type: Chat and Whitel	Chat Icon	
	Created by: L Corrin	Date: 2004-03-24 17:27:38.0	
	Maximum users: 50	Chat room logging: on	

The chat window appears:

🍰 E-Learning Chat		
X Hide Chat	X Hide Whiteboard	2 users in this room
Welcome to WebCT Chat and Whiteboard		
A Chatzigavrii((Ins)>> Hello All. This is the E-Learning Chat		Athina Chatzi A Chatz(Ins)
Enter Your Message	x 251 y. 101	Select User(s) and
Send Send URL Entry Chime	Load File Save Print Delete	Send Private Message

Within the Chat window you can:

- Send messages
- Send URLs
- Send private messages
- If you require **help** at any time click *Help* (in the top right corner of the screen)

4.3. Mail

Note: The Mail tool is for use in WebCT only: it isn't your University or outside email account and you can ONLY send messages to your lecturer and other students enrolled on individual modules. You can set up mail forwarding to view WebCT mail. You must go to WebCT to respond to messages.

The mail message screen is very similar to the discussion board screen.

REMEMBER, you send mail messages to individuals and discussion postings to the entire group.

Mail can be accessed from:

- 1. The My WebCT page tool bar
- 2. The Course Tool Bar, if it is available within your module

Once the mail tool is opened the Messages screen appears (see below). Navigation and functionality are similar to any other email account.

Mail > Accounts > Vista Demons	tration Course - Introduction to E-Learning 🖆	- Search -	\$	- Other Account	ts - 🕓	4
Folders:				- View message	s - 🔹	- 4
😋 Inbox 1 (1)	Auto-refresh: 🔲 Refresh					
Sent Mail 0 (0)	Compose Message		[1] of 1	Litero 1, 1 of 1	I Edit Pagi	0.0
	Compose Nessage		L	a l mann white at a		1.1.2
Drafts 0 (0)	Subject	! D Author	Date	2	Actions	2
Drafts 0 (0)	Subject	L Corrin	Date 16 July	2004 14 39	Actions	2
Drafts 0 (0) Deleted Mail 0 (0) Create Folder	Subject Subjec	L Corrin	Date 16 July	2004 14 39	Actions	2

Within the Messages screen you can:

- **Read mail messages.** To read a message click on the subject line of the message you wish to read. A pop-up window will display the message. From this window you can:
 - *Reply* to the message
 - Forward the message
 - Print the message
 - Delete the message
- **Compose messages.** Click on the *Compose Message* button. The compose message pop-up window will display. When composing a message you can:
 - Attach files
 - Preview the message
 - Save the message as a draft message (saved to the Drafts folder)
- Set the number of messages per page (click Edit Paging)
- Copy and move messages
- **Compile messages** (select the messages using the checkboxes then click *Compile*). Once you have compiled messages you can:
 - Print the compiled messages
 - Save the compiled messages as a file
- Delete messages (select the messages using the checkboxes then click Delete)
- Manage Mail folders (click Create Folder)
- Forward Message
 - Click on the Forward Message icon
 - Enter the address where you want the forwarded mail to go.
 - Click save. Remember, you CAN'T hit "reply" to forwarded mail from WebCT,
 - You will see the message, but the return address will be
 - DO_NOT_REPLY@umassonline.net
 - You must go to Webct to reply to the message.

Mail Forwarding
External e-mail address: [enter your external email here Save] Cancel

• If you require **help** at any time click *Help* (in the top right corner of the screen)

5. How to... use the assessment tools

It is important to check when guizzes, self tests and assignments are accessible. Do this as soon as you log on to WebCT Vista so you can plan your workloads around them.

5.1. Quiz, Survey & Self Test



Note: The availability of the Quiz, Survey and Self-test tools are dependent upon how your WebCT module has been set-up. Additionally there are differences between these types of assessment:

- 1. Quiz your responses are graded (check My Grades for your results)
- 2. Survey your responses are anonymous and upgraded
- 3. Self-test your responses are not graded

When you access a guiz, survey or self test you will be given information about that assessment (e.g. Availability dates, time limits etc.).

- Begin Assessment To begin the assessment click Begin Assessment:
- Depending on how your course has been set-up an Assessment screen similar to that shown below will appear:

2004 17 01 essment - Microsoft Internet Explorer provided by Roehampton Univ duction Assessment Chatzi Started: 16 July 2004 16 49 8 Questions	versity o Time	of Surr	ey		
essment - Microsoft Internet Explorer provided by Roehampton Univ duction Assessment Chatzi Started: 16 July 2004 16 49 8 Questions	versity o Time	of Surr	ey		രെ 1
duction Assessment Chatzi Started: 16 July 2004 16 49 8 Questions	Time				
Help	Allowe Remai	ed ining tion S	1) 0) 0) tatus	6:50:1 0:30:0 0:29:3	7 0 5
 (10.0 point(s)) Organisations are increasingly investing in the use of web technology, which includes the use of the web for learning and teaching. 	 Unanswered ✓ Answered 				
True O False Next Question	1 6 0	2	3 8 0	4	5
	True O False Next Question Help	True False	True False 6 7 Next Question Help	True False Next Question Help	True False Next Question Help

- To the right of the screen, time and question information is displayed (question status area). The questions are displayed to the left of the screen
- The questions are delivered either one at a time as above or all at once •
- To answer a question you will need to either type, check, or select the appropriate response. Once you have made your response click Save A blue tick appears in the question status area indicating that the question has been saved
- To move onto the next question click Next Question.
- When you have completed the assessment click Finish
- If you require **help** at any time click *Help* (in the top right corner of the screen)

DO NOT click finish unless you are sure you have finished the guiz.





5.2. Assignments



Note: The availability of the Assignment tool is dependent upon how your WebCT module has been set-up. Therefore it may not be available.

When you access an assignment a screen similar to that shown below will appear:

You are currently on: Home Page > Edit Submission		I
Edit Submission (Attempt 1)		1
Instructions: Search the Internet for a good definition of E-Learning. In a Word document provide this definition and the URL from	Submission:	
which the definition came. Save this document and submit it via WebCT Vista.	▲ <u> </u>	Text box
Instructions Attachments he right please enter your name and ur Word document. Then attached the the Attachment area (Begin by clicking tton).	V	
Attachments:	Attachments Browse	
Submit Save as Draft Cancel		

To the left are the instructions and any attachments associated with the assignment for you to download. To right of the screen is a text box where you can enter your assignment submission.

Within the Assignment screen you can:

- Attach files to your submission (click *Browse*). It is quite possible you'll be asked to submit an assignment in Word, Excel or Power Point. You attach it here.
- Submit your assignment when ready (click Submit)
- Save a draft of what you have done. You can then come back to work on it at a later time (click Save as Draft)
- Cancel the submission (click Cancel)
- If you require **help** at any time click *Help* (in the top right corner of the screen)

6. How to...use the Calendar

- Calendar can be accessed from:
- 1. The My WebCT page tool bar.
- 2. The Course Tool Bar, if it is available within your module

Once a calendar icon clicked a screen similar to that shown below will appear:

Calendar							
🛅 Calend	ar						
🖗 July 200	4 🧠 Display New E	ntries					😟 Settings
July 🕑 2004 🕑 🚳 View: This course only 💽					rse only 💌 🔿		
	Sun	Mon	Tue	Wed	Thu	Fri	Sat
View Week	27	28	29	30	1	2	3
View Week	4	5	6	7	8	9	10
View Week	11	12	13	14	15 ♦ Seminar - USR ♦ Test entry	16 Today ◆ Coursework due to today	17
View Week	18 seminar	19	20	21	22	23	24
View Week	25	26	27	28	29	30	31
Add Entry	Add Entry Compile Entries						
Key: Vista Demonstration Course - Introduction to E-Learning Entries in italic are private entries. 							

Within the Calendar you can:

 Choose whether to make your entry public (viewable by all students enrolled to a module) or private (viewable only by you)

Calendar	
Add Entry	
Settings	
*Summary:	
Start date: 🔳 26	V July V 2004 V 9 V 00 V
End date: 🧱 26	✓ July ✓ 2004 ✓ 11 ✓ 00 ✓
	This is an all-day event
Course: Vista E)emonstration Course - Introduction to E-Learning 🛛 🗸 Access level: Private 💌
Detail:	<u>^</u>
	~
Use	≥ HTML
More Options (E	xpand this area to see more options)
Save Cancel * Required field	

- **Compile entries** for a range of dates (click *Compile Entries*)
- **Customize your view** of the Calendar (click the Settings link)
- View the Calendar which relates to a different module use the drop-down menu in the top right of the screen
- View the Calendar by month, week or day. Click the appropriate link to view the month, week, or day
- If you require **help** at any time click *Help* (in the top right corner of the screen)

^{*} This guide is modelled after the one developed for University of Roehampton, England.